

# Hello Step Big Walkers!

Thank you for registering for the 2020 Step Big Walk for Parkinson's! We appreciate your dedication to our mission to improve the quality of life for those touched by Parkinson's. All monies raised during this event go to support local programs/services across the state of South Dakota. We have a wonderful day planned for you, your family, friends, and coworkers. And this year we have also included the option to be a VIRTUAL WALKER for those across the state that are unable to attend the event in Sioux Falls.



Registration opens at the main gates at 8:00 AM and the walk itself begins at 9:00 AM. Parking is available on both the north and west side parking lots of the Canaries Baseball Stadium where this will also be the main entrance for the walk event.

## Here is our schedule of events:

- 8:00 am - Registration Opens
- 8:00 am - Kids' Activities Available
- 8:00 am - Exhibitor Booths Open
- 8:30 am – Opening Ceremonies
- 8:45 am - Pre-Walk Warm-Up
- 9:00 am - Walk Begins
- 10:00 am – Lite Breakfast Items Available & Refreshments
- 10:30 am – Closing Ceremonies

Remember that the Step Big Walk for Parkinson's takes place outdoors and we walk rain or shine! Participants will have the option to walk a 1.5 or 3 mile route inside the baseball field, around the perimeter (*directions will be marked along with calculated laps per mile*). If you are unable to walk you are welcome to sit in the bleachers and cheer on friends/family members.

If you are a VIRTUAL WALKER this year we encourage you to join us and walk on August 29<sup>th</sup> at 10 am (CST), but the fun part is you get to pick your route and you decide on how far you want to go! We will be doing some Facebook Live Streaming and posting pictures of everyone walking throughout the morning. We want you to feel a part of this event as if you were here with us so we hope you will gather friends and family and walk with us!

## **2020 WALK GOALS:**

**Monetary Goal - \$41,000**

**Team Goal - 20 teams (4+ members)**

**Participants - 400 people**

Fundraising efforts will continue for one month after the walk event. All participants will have until September 29<sup>th</sup> to turn in final pledges. Donations received after Step Big Walk for Parkinson's can be mailed to or dropped off at the SDPF office:

**SDPF**  
**1000 N West Avenue, Ste 220**  
**Sioux Falls, SD 57104**

Thank you for being a part of this year's success! See you Saturday, August 29<sup>th</sup>!

**Becca Anderson**  
*SDPF Event Coordinator*